

COURSE SCOPE & SEQUENCE

UNIT 1: KNOW YOUR CURRENT LOCATION

Biblical Leadership Training: The Importance of Mindset

Audio Lessons for Unit 1:

- Week 1: My introduction to *Courageous Identity - Teen Edition*
- Week 1: Why Invest in this Course?
- Week 2: Our Easily Offended Culture

Week 1: Why Should I Invest in this Course?

Memory verses - Romans 12:1-2

Day 1: Because It's Your Life

Day 2: Because What You Believe Matters

- **Biblical Leadership Training: The Importance of Mindset**

Day 3: Because Faith Isn't Genetically Hereditary

Day 4: Because it Requires Commitment

Day 5: Because Others Need You

Week 2: You are Here

Memory verses - Romans 12:1-2

Day 1: The importance of knowing where you are.

- **Brain Science - The Teenage Brain and its functions.**

Day 2: What is my current God-view?

Day 3: What is my current self-view and other's-view?

Day 4: How is culture currently affecting me?

Day 5: Making the choice

Special Feature

- **Brain Science - Your Brain vs. Your Mind**

UNIT 2: KNOW THE WORD

Audio Lessons for Unit 2

- Week 4: God's Word vs. my truth
- Week 5: The Trouble with Progressive "Christianity"
- Week 7: [Biblical Leadership Training \[Timothy - Teachable\]](#)

Week 3: Is the Bible the Word of God? (Part 1)

Memory verse: John 1:1-5

Day 1: The Distinctive Revelation of Jesus Christ

Day 2: The Astonishing Claims that the Bible is from God

Day 3: The Verifiable Fulfillment of Prophecy

Day 4: The Convicting, Converting Power of the Message

Day 5: The Infinity of its Message

Week 4: Is the Bible the Word of God? (Part 2)

Memory verse: John 1:1-5

Day 1: The Unity of the Message from Multiple Human Sources

Day 2: The Appeal of the Message to Every Tribe and Tongue

Day 3: The Undeniable Honesty of the Bible

Day 4: The Unfathomable Supremacy to other Literature

Day 5: The Practical Evaluation of Experience

Week 5: The Layout of the Bible

Memory verse: 2 Timothy 3:14-17

Day 1: The history of the Canon

Day 2: The Old Testament

Day 3: The New Testament

Day 4: The Bible is About GOD

Day 5: The Bible is Not About You

Week 6: The BIG Story

Memory verse: Romans 1:16-17

Day 1: The Metanarrative - A topographical map of the whole picture

Day 2: Zooming out: Creation - Fall - Redemption - Restoration

Day 3: Zooming in: Individual Stories (of Biblical characters)

Day 4: The Effects of the Metanarrative on OUR lives

Day 5: The Knowledge of God and Self Goes Hand-in-Hand

Week 7: How to Accurately Study the Bible

Memory verse: Psalm 43:3-4

Day 1: Studying With A Purpose and Accurate Perspective

Day 2: Studying Takes Patience

Day 3: Studying Takes Understanding Process

Day 4: Studying With Prayer

Day 5: Putting it all into practice

UNIT 3: KNOW GOD

Audio Lessons for Unit 3:

- Week 8: Creation vs. Evolution
- Week 9: **Biblical Leadership Training [David - Repentant]**
- Week 10: **Biblical Leadership Training [Esther - Willing]**
- Week 12: One Way vs. many ways
- Week 13: **Biblical Leadership Training [Mary - Obedient]**

Week 8: In the Beginning

Memory verse: Genesis 1:1-5

Day 1: The God Who Created Part 1

Day 2: The God Who Created Part 2

Day 3: God without beginning

Day 4: God without end

Day 5: Justice and Love

Week 9: It Has to Start with Reverence

Memory verse: Job 38:1-4

Day 1: What is the transcendence of God?

Day 2: Isaiah's Throne room vision - When we see the LORD

Day 3: God's Question for Job: Where were you?

Day 4: No other gods!

Day 5: The Idols we worship

Week 10: God's Mind (Biblical Philosophy and Logic)

Memory verse: 1 Corinthians 3:18-19

Day 1: Epistemology - Where does knowledge come from?

Day 2: God and Logic, the Study of the principles of correct reasoning

Day 3: God's Mind vs Our Minds

Day 4: Metaphysics - Science and Logic

Day 5: Emotions - Logic vs Stoicism

Week 11: The Sin that Separates - Redemption Plan Needed

Memory verse: Romans 8:23

Day 1: Satan, the Original Sinner

Day 2: Cursed DNA

Day 3: Tired, Over-used, Worn-out Lies

Day 4: All have sinned and fall short

Day 5: Being Good is Not Going to Save You

Week 12: The Word became flesh Part 1 - God With Us

Memory verse: John 3:16-21

Day 1: What is the Immanence of God?

Day 2: Jesus, Fully God

Day 3: Jesus, Fully Man

Day 4: Jesus, our High Priest and Mediator

Day 5: The Power in the Name of Jesus (darkness trembles)

Week 13: The Word became Flesh Part 2 - The Life of Jesus

Memory verse: Colossians 1:15-17

Day 1: The Child, Jesus

Day 2: The Young Man, Jesus

Day 3: The Baptism of Jesus

Day 4: The Temptation of Jesus

Day 5: The Death of Jesus

Week 14: The Word became Flesh Part 3 - It is Finished

Memory verse: Matthew 27:45-54 (memorize verses 50-53)

Day 1: The King Who won the war

Day 2: When Jesus Rose Again (part 1)

Day 3: When Jesus Rose Again (part 2)

Day 4: The Historical Fact of Jesus (part 1)

Day 5: The Historical Fact of Jesus (part 2)

Week 15: The Word became Flesh - The Holy Spirit Role

Memory verse: Ephesians 1:13-14 (NKJV)

Day 1: Set Like a Seal

Day 2: Comfort

Day 3: Guide

Day 4: Sanctification

Day 5: The Power

Week 16: The Names of God

Memory verse: Romans 8:15

Day 1: Jehovah Jireh (The LORD our Provider) and Jehovah Rapha (The LORD our Healer)

Day 2: Jehovah Shalom (the LORD our Peace) and Jehovah Raah: The LORD our Shepherd

Day 3: Alpha and Omega (the Beginning and the End) and Elohim (the Hebrew Name for God used in Genesis 1)

Day 4: El Roi (The God Who Sees me) and Jehovah Shammah (the LORD is Here)

Day 5: Abba Father (the LORD our dear father) and Adonai (Hebrew for LORD or Master)

UNIT 4: KNOW YOU

Audio Lessons for Unit 4:

- Week 17: Life vs. Choice - You are Not Here by Accident
- Week 18: **Biblical Leadership Training [Spiritual Health and Mental Health Walk Hand-in-hand]**
- Week 19: **Biblical Leadership Training [Garbage in. Garbage out.]**
- Week 20: The Power of the Love and Kindness of Jesus
- Week 21: **Biblical Leadership Training [Who do You Influence?]**
- Week 22: **Biblical Leadership Training [The Power of Self-Talk]**
- Week 24: Making a Habit of Armoring UP!

Memory verses for UNIT 4: Ephesians 6:10-18

Biblical Leadership Training: The Law of Limited Leadership Skills

Week 17: the Truth about who you are - Belt of Truth part 1

Day 1: You are Chosen

Day 2: You are Adopted

Day 3: You are Lavished with Grace

Day 4: Bought with a Price

Day 5: Biblical Leadership Special Focus - **Biblical Leadership Training The Law of Limited Leadership Skills (part 1)**

Week 18: the Truth about who you are - Belt of Truth part 2

Day 1: Showered with Kindness

Day 2: An Amazing Inheritance

Day 3: Sealed with His Spirit

Day 4: Heart and Soul Check

Day 5: Mind and Brain Check

Week 19: Protect Your Heart

Day 1: Your Inmost Being

Day 2: Dead Man Walking

Day 3: **Biblical Leadership Special Focus: The Law of Limited Leadership Skills (part 2)**

Day 4: **Biblical Leadership Special Focus: The Law of Limited Leadership Skills (part 3)**

Day 5: **Biblical Leadership Special Focus: The Law of Limited Leadership Skills (part 4)**

Week 20: Grow Roots

Day 1: Your Roots Will Grow Down (part 1)

Day 2: Your Roots Will Grow Down (part 2)

Day 3: Empowered to Understand

Day 4: Infinitely More than You Can Imagine

Day 5: Breastplate of Righteousness Revisited

Week 21: A New Life

Day 1: Lost and Found

Day 2: Get Dressed, Friend!

Day 3: Saying Goodbye to Old Habits

Day 4: Don't Grieve the Holy Spirit

Day 5: Imitating Christ

Leadership Principle: The Law of Influence. Leadership is influence. Nothing more, nothing less.

Week 22: Train Your Ear - Take Your Thoughts Captive

Day 1: The Helmet of Salvation and its earflaps
Day 2: Training your ear to know the Shepherd's voice
Day 3: Using Not-from-this-world weapons
Day 4: Don't be Afraid of Your Own Thoughts (part 1)
Day 5: Don't be Afraid of Your Own Thoughts (part 2)

Week 23: The Benefits of Being a Child of God

Day 1: We have security
Day 2: We have authority
Day 3: We have intimacy - we call Him Abba
Day 4: We have loving discipline (part 1)
Day 5: We have loving discipline (part 2)

Week 24: Armoring up!

Day 1: Putting on your belt of Truth
Day 2: Putting on your breastplate of Righteousness
Day 3: Putting on your helmet of Salvation
Day 4: Using your shield of Faith
Day 5: Putting on your shoes of Peace & picking up your sword

UNIT 5: YOUR EVERYDAY, PRACTICAL, POWER-FILLED LIFE

Audio Lessons for Unit 5: (This unit is audio lesson driven)

- Week 25: **Brain Science** - The Pandemic of Depression and Anxiety (part 1)
- Week 26: **Brain Science** - The Pandemic of Depression and Anxiety (part 2)
- Week 27: Find a Cause - Create Change
- Week 28: Are You Stuck in a Rut?
- Week 29: Understanding and Accepting the Negative Aspects of Life
- Week 30: The Power of Dreams
- Week 31: Why You Start with WHY

Week 25: Brain SOS - The Truth About Tech Part 1 (The problem we are facing)

Memory verses: Philippians 4:8-9

Day 1: **Brain Science** - Facts about Digital Addiction
Day 2: **Brain Science** - The Effects of Technology on the Brain

Day 3: **Brain Science** - Digital Addiction and Mindset

Day 4: **Brain Science** - Assessing Your Symptoms

Day 5: **Brain Science** - The Brain's Need for Time to Reflect, Discover, and Develop and The
Three Conversations for a Healthy Life

Week 26: Brain SOS - The Truth About Tech Part 2 (What We Can Do)

Memory verses Philippians 4:8-9

Day 1: Step 1 in Gaining Control: Be honest

Day 2: Step 2 in Gaining Control: Make a daily de-stressing plan

Day 3: Step 3 in Gaining Control: Choosing accountability

Day 4: Step 4 in Gaining Control: Being responsible

Day 5: Step 5 in Gaining Control: Help others.

Week 27: Thinking Past the End of Your Nose

Memory verse: Philippians 3:12-14

Day 1: The Struggle with Apathy

Day 2: "Only dead fish go with the flow."

Day 3: Looking up and out

Day 4: In 10 years, will it matter?

Day 5: Who's watching you?

Week 28: Raising the Bar for your life

Memory verse: Hebrews 12:1-2

Day 1: The cultural opinion of teens is bogus

Day 2: Overcome your own low expectations (Dream! I dare you!)

Day 3: Don't get Complacent when you win

Day 4: Life skill - Think time

Day 5: Life skill - Vision Casting

Week 29: Learn to Embrace Failure

Memory verses: Hebrews 12:1-2

Day 1: You don't learn from winning

Day 2: Everyone fails sometimes, keep moving forward

Day 3: Learning to Fail forward (part 1)

Day 4: Learning to Fail forward (part 2)

Day 5: Learning to Fail forward (part 3)

Week 30: Create Your Community!

Memory verses: Ecclesiastes 4: 9-10

Day 1: Choose your influences wisely

Day 2: Find your WHY (part 1)

Day 3: Find your WHY (part 2)

Day 4: Others are drawn to a cause

Day 5: Collaboration is the best kind of support group

Week 31: Making Today Matter

Memory verse: Lamentations 3:22-23

Day 1: Elephant Bound by a String

Day 2: Today is the Reason You Were Created

Day 3: His Faithful Love Endures Forever

Day 4: Today...the Crucial Day in the Process

Day 5: Be Very Strong and Courageous Today

UNIT 6: YOUR GOD-DESIGNED PURPOSE

Please note: there are extensive notes for Weeks 33-35 in the Parent's Guide.

Audio Lessons for Unit 6:

- Before Unit 6: The Importance of Understanding Our Culture
- Week 32: In, Before Through
- Week 33: The Connection between Evolution and Racism, and Evolution and Abortion
- Week 34: The Battle over What is Real (Did God Really Say?)
- Week 35: The Family - God's Building Blocks of the Human Race
- Week 36: Wrapping Up.

Biblical Leadership Training: The Great Commission - Leadership in Action

Week 32: The Great Commission - Leadership in Action

Memory verses: Matthew 28: 18-20

Day 1: The Mission Field - yourself

Day 2: The Mission Field - your Christian friends

Day 3: The Mission Field - your non-Christian friends

Day 4: The Mission Field - your community

Day 5: The Mission Field - the world

Week 33: Cultural Battlefields - Sanctity of Life

Memory verses: Psalm 139:7-16 (memorize verses 13-16)

Day 1: Abortion, a byproduct of a hopeless society

Day 2: Stopping Abortion, saving one mother and child at a time

Day 3: Human Trafficking Rooted in the Porn Industry

Day 4: Stopping Human Trafficking at the Roots

Day 5: Challenging Euthanasia of the Elderly and Handicapped

Week 34: Cultural Battlefields - Gender Re-defining

Memory verses 1 Corinthians 6:19

Day 1: How God Defines Gender

Day 2: How Culture has Redefined "Gender" and "Sex"

Day 3: The Battle About What is Real

Day 4: How Did We Get Here?

Day 5: Why We Need to Care About the Attack on Gender

Week 35: Cultural Battlefields - Marriage Re-defining

Memory verses Matthew 5:3-16

Day 1: The Word is Not Silent About Marriage

Day 2: The Word is Not Silent About Homosexuality

Day 3: The False Equivalency: Sexual Orientation/Racial Ethnicity

Day 4: The Word is Not Silent About Sexual Sin

Day 5: Love and Tolerance Aren't Synonyms - They're Antonyms

Week 36: Multiplication - Evangelism and Discipleship

Memory verses Matthew 5:13-16

Day 1: Make a plan for Spiritual Growth and Continued Growth in your relationship with God

Day 2: Make a plan for Physical and Emotional Health and Continued Growth in your view of yourself

Day 3: Make a plan for Impacting the culture and world with the Truth of Jesus

Day 4: **Leadership Principle: True Leaders are problem solvers and work to bring good change (part 1)**

Day 5: **Leadership Principle: True Leaders are problem solvers and work to bring good change (part2)**